

Ability to agree goals for the intervention

An ability to help the client generate their own goals for the intervention, and to reach a shared agreement about these, by helping them:
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to translate vague/abstract goals into concrete goals

to identify goals which will be subjectively and objectively observable and potentially measurable (i.e. to ensure that if change takes place it will be noticeable to the client and to others)
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An ability to work with the client to ensure that goals reflect the issues/problems with which they present

An ability to work with the client to ensure that goals are realistic and achievable
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