



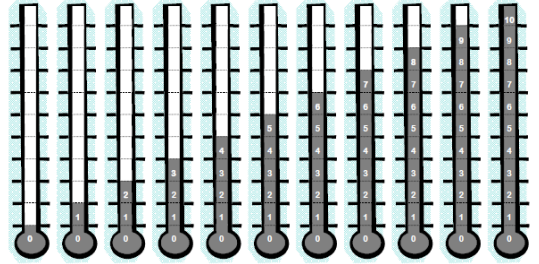
MICE
Mental health interventions for Children with
Epilepsy

Fear Ladder (example)

Date: _____

Filled out by:

- Child
- Mother
- Father
- Other _____



How scary is this item today? Please give a rating from 0-10.

ITEM

| | |
|---|----|
| Pet a stranger's dog | 10 |
| Pet the friend's dog | 10 |
| Go to a friend's house with a dog and look at dog while being held in same room | 9 |
| Go to the park where dogs are off leads and can see dogs from a long way away | 8 |
| Go to the park where dogs are on leads and can see dogs from a long way away | 6 |
| Talk about dogs while looking at a picture | 4 |
| Talk about dogs | 3 |
| Look at a picture of a large dog | 2 |
| Look at a picture of a small dog | 2 |
| Look at a picture of a puppy | 1 |
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| | |