

**A palliative  
postcard from...  
*an accidental  
carer***



Dear Reader,

I was always trying to facilitate his living at home because he wanted to do that. For me, the red line was on the meds, if he gets that wrong, it's not safe, he shouldn't be on his own and I shouldn't support it. It was chaos. The pills were going missing, there were packets of meds under this chair. He lost control.

So then this care package of three visits a day came in. They were young, caring, bright people. They were all bang on. I would have trusted them on the meds, but the boss who came in to set it all up, she said 'No we're not touching syringes, we're not doing anything'.

Yours,  
A frustrated accidental carer

### Where did this come from?

[www.ucl.ac.uk/psychiatry/research/marie-curie-palliative-care-research-department/research/activity-theory-analysis](http://www.ucl.ac.uk/psychiatry/research/marie-curie-palliative-care-research-department/research/activity-theory-analysis)



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