

**A palliative
postcard from... a
*hospital Clinical
Nurse Specialist***



Dear Reader,

When I plan for discharge, I am thinking about who is at home? Where are they going to keep their medication? Are they going to manage it if they live alone? Who is going to be able to give it to them? If they need quite regular pain relief, that's tricky because you're maybe relying on the district nurses. So, do you have to change your prescribing to modified release, or longer acting. Or do you go for a different route, like using patches. If someone is in quite a chaotic household, maybe there's a risk of drugs going missing - so locked boxes. If it's carers, they may not be covered to give some of the drugs.

An experienced Hospital Clinical Nurse Specialist

Where did this come from?

www.ucl.ac.uk/psychiatry/research/marie-curie-palliative-care-research-department/research/activity-theory-analysis



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